

Book of the Month: What Money Can't Buy, Michael L. Sandel



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	5	6	7	8
9	10	11 Q. Med Practice Group** 6 – 8 PM SK Time	12 Lunch & Learn*** 12 – 1 PM SK Time	13	14	15
16	17	18	19	20	21	22
23	24	25 Q. Med Practice Group** 6 – 8 PM SK Time	26	27	28	29
30	31					

*FREE – no registration required

**\$50/Month – registration required

All Programming is provided virtually, using Slack, Zoom, and SamCart.

We hope to resume offering in person options later in the year, however, we currently do not have dates set as the COVID-19 situation is still uncertain.



Book of the Month: Daring Greatly, Brene Brown



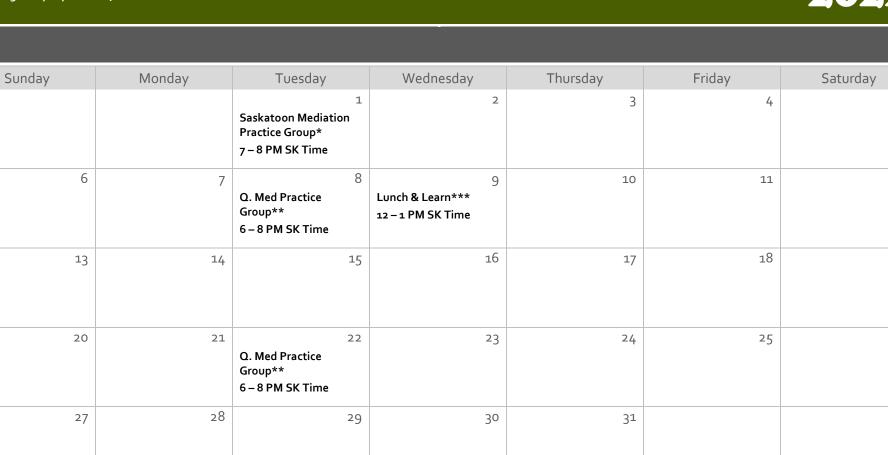
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	2	3	4	5
6	7	8 Q. Med Practice Group** 6 – 8 PM SK Time	9 Lunch & Learn*** 12 – 1 PM SK Time	10	11	12
13	14	15	16	17	18	19
20	21	22 Q. Med Practice Group** 6 – 8 PM SK Time	23	24	25	26
27	28					

*FREE – no registration required

**\$50/Month – registration required



Book of the Month: Resolving Everyday Conflict, Ken Sande and <u>Kevin Johnson</u>



5

12

19

26

*FREE – no registration required

**\$50/Month – registration required



Think Again, Adam Grant



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	6	7	8	9
10	11	12 Q. Med Practice Group** 6 – 8 PM SK Time	13 Lunch & Learn*** 12 – 1 PM SK Time	14	15	16
17	18	19	20	21	22	23
24	25	26 Q. Med Practice Group** 6 – 8 PM SK Time	27	28	29	30

*FREE – no registration required

**\$50/Month – registration required



Book of the Month: The High 5 Habits, Mel Robbins



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	4	5	6	7
8	9	10 Q. Med Practice Group** 6 – 8 PM SK Time	11 Lunch & Learn*** 12 – 1 PM SK Time	12	13	14
15	16	17	18	19	20	21
22	23	24 Q. Med Practice Group** 6 – 8 PM SK Time	25	26	27	28
29	30	31				

*FREE – no registration required

**\$50/Month – registration required



Book of the Month: High Conflict, Amanda Robbins



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	8	9	10	11
12	13	14 Q. Med Practice Group** 6 – 8 PM SK Time	15 Lunch & Learn*** 12 – 1 PM SK Time	16	17	18
19	20	21	22	23	24	25
26	27	28 Q. Med Practice Group** 6 – 8 PM SK Time	29	30		

*FREE – no registration required

\$50/Month – registration required *For student taking courses with our Academy – registration required



Book of the Month: The Power of Moments, Chip Heath and Dan Heath



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	6	7	8	9
10	11	12 Q. Med Practice Group** 6 – 8 PM SK Time	13 Lunch & Learn*** 12 – 1 PM SK Time	14	15	16
17	18	19	20	21	22	23
24	25	26 Q. Med Practice Group** 6 – 8 PM SK Time	27	28	29	20
31						

*FREE – no registration required

**\$50/Month – registration required





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	3	4	5	6
7	8	9 Q. Med Practice Group** 6 – 8 PM SK Time	10 Lunch & Learn*** 12 – 1 PM SK Time	11	12	13
14	15	16	17	18	19	20
21	22	23 Q. Med Practice Group** 6 – 8 PM SK Time	24	25	26	27
28	29	30	31			

*FREE – no registration required

**\$50/Month – registration required



Book of the Month: Conflict Resolution Playbook, Jeremy Pollack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	7	8	9	10
11	12	13 Q. Med Practice Group** 6 – 8 PM SK Time	14 Lunch & Learn*** 12 – 1 PM SK Time	15	16	17
18	19	20	21	22	23	24
25	26	27 Q. Med Practice Group** 6 – 8 PM SK Time	28	29	30	

*FREE - no registration required

**\$50/Month – registration required



Book of the Month: The Power of Full Engagement, Jim Loehr and Tony Schwartz



*FREE - no registration required

**\$50/Month – registration required

***For student taking courses with our Academy – registration required

31

30



1

8

15

22

29



Book of the Month: The Four Tendencies, Gretchen Rubin



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	2	3	4	5
6	7	8 Q. Med Practice Group** 6 – 8 PM SK Time	9 Lunch & Learn*** 12 – 1 PM SK Time	10	11	12
13	14	15	16	17	18	19
20	21	22 Q. Med Practice Group** 6 – 8 PM SK Time	23	24	25	26
27	28	29	30			

*FREE – no registration required

**\$50/Month – registration required



Book of the Month: Dangerous Love, Chad Ford



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 Saskatoon Mediation Practice Group* 7 – 8 PM SK Time	7	8	9	10
11	12	13 Q. Med Practice Group** 6 – 8 PM SK Time	14 Lunch & Learn*** 12 – 1 PM SK Time	15	16	17
18	19	20	21	22	23	24
25	26	27 Q. Med Practice Group** 6 – 8 PM SK Time	28	29	30	31

*FREE - no registration required

**\$50/Month – registration required